

BAROQUE, CLASSICAL, ROMANTIC, CONTEMPORARY

# ERAS OF DANCE III

Bank of America Performing Arts Center,  
July 26th, 7pm



**BALLET  
PROJECT OC**

# BPOC Founders



Ally Helman grew up in Southern California, starting her dance journey at a young age. She received professional training at The School of American Ballet in New York City and later danced with the New York City Ballet. In 2019, Ally and her sister Emily founded Ballet Project OC. Since its establishment, Ally has assumed artistic leadership responsibilities, in addition to her roles as a choreographer and dancer. Ally's passion for ballet and her dedication to the art form have been evident throughout her career. Helman's choreography has captivated audiences with their grace and precision. Through Ballet Project OC, Ally has created a platform for professional dancers to showcase their talent and creativity. Ballet Project OC has fostered a community where dancers can come together to learn, grow, and support one another in their artistic endeavors. Ally's vision for the future of ballet is inspiring, as she continues to push boundaries and challenge traditional norms within the dance world. Her leadership and unwavering determination serve as a beacon of hope for the next generation of dancers.



Emily Berry's passion for dance has been the driving force in her life since she was a young girl in Southern California. Her dedication and commitment to ballet led her to The School of American Ballet in New York City, where she honed her skills and developed her artistry. During her time with the Boston Ballet and later the Sarasota Ballet in Florida, Emily's grace and talent captivated audiences.

In 2019, Emily and her sister Ally embarked on a new chapter of their careers by co-founding Ballet Project OC. This innovative venture provided them with a platform to express their creativity as both performers and choreographers. Emily is now a choreographer, dancer, and ballet mistress for Ballet Project OC.



# ABOUT OUR COMPANY

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Ballet Project OC was created for Professional Artists and Choreographers in 2019. BPOC has created more than 51 new works and one full length Dance Film "Sunscape" filmed in and around Orange County. Ballet Project OC's Artistic Director Ally Helman has great vision to serve the community by bringing the highest caliber of work to her hometown of Orange County.

## 2024

**33** PROFESSIONAL  
DANCERS

**54** NEW WORKS

**1** FULL LENGTH  
BALLET MOVIE

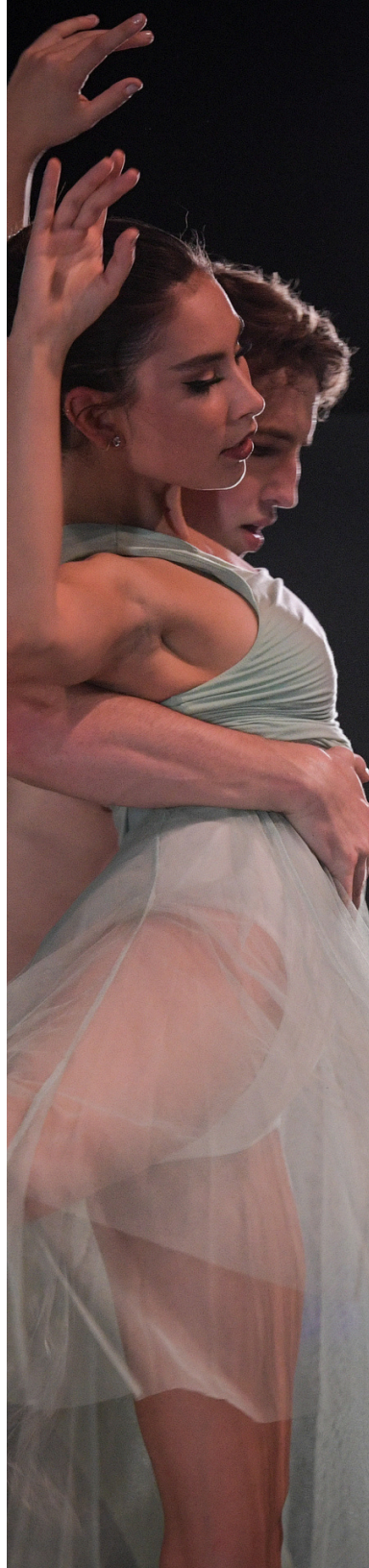
LEARN MORE ABOUT US



**BALLETPROJECTOC**

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# THE COMPANY



ALBERTO ANDRADE



EMILY BERRY



ETHAN BORESOW



ANTHONY CANNARELLA



MICHAEL CAYE



ROBERT FULTON



LUKE GARBACZ



CHRISTINA GHIARDI



JULIANA GODLEWSKI



LAWERANCE GONZALEZ



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MADELYNN HAMPTON



ALLY HELMAN



SARAH HURTY



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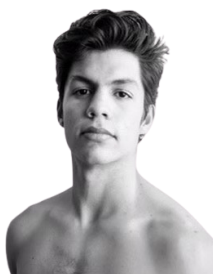
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MATE SZENTES



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ISABELLA VELASQUEZ



ROAN ZARAGOZA





# BAROQUE

1600s-1750s

The Baroque era of art and dance was a fascinating period marked by grandeur, drama, and a playful spirit. Influenced by religious themes, artists and dancers of this time sought to evoke powerful emotions and create awe-inspiring works. The era's emphasis on ornate beauty and emotional storytelling continues to captivate audiences and inspire artists and performers around the world.



# CLASSICAL

1730s-1820s

Classical ballet originated in the 17th-century French court ballet and reached its pinnacle during the 19th century. Classical ballet emerged from formalized movements and positions of the arms, feet, and body. Classical-ballet technique emphasizes turned-out legs, which enhances movement range and creates a pleasing line in extended legs. Classical ballet combines technical precision with artistic expression, creating timeless masterpieces that continue to captivate audiences worldwide.



# ROMANTIC

1800s-1910

The Romantic era of dance, spanning roughly from the early 19th century to the early 20th century, was characterized by emotional expression, storytelling, and a departure from the rigid formalism of earlier ballet styles. Dancers aimed to convey feelings and tell stories through movement rather than adhering strictly to traditional forms. One of the most famous Romantic ballets is "Giselle," choreographed by Jules Perrot and Jean Coralli, with music by Adolphe Adam. The Romantic era brought emotional depth, storytelling, and a departure from rigid conventions to ballet, leaving a lasting impact on dance history.



# CONTEMPORARY

1900-Present

Contemporary ballet is a captivating genre that blends elements of classical ballet and modern dance. The true origin of contemporary ballet is credited to Russian art producer Serge Diaghilev. In 1909, he created Diaghilev's Russian Ballet Company, which combined various art forms (painting, music, theater) to present to the public. George Balanchine is regarded as the foremost contemporary choreographer in the world of ballet. Balanchine reinvented American ballet by creating a new contemporary style based on Russian classical technique. His choreography emphasized pure dance, focusing on movement rather than elaborate sets or narratives. Contemporary dance continues to evolve, and allows for creativity and innovation.



# HOUSE OF BOURBON

CHOREOGRAPHY BY MATE SZENTES

MUSIC: GAGLIARDA NAPOLITANA  
BY ANTONIO VALENTE

SUITE NO. 15 IN D MINOR BY GEORGE FRIDERIC HANDEL  
CHACONNE IN G MAJOR BY ANDREA FALCONIERI

CAMILLE KELLEMS, JULIANNE KINASIEWICZ, MACKENNA PIEPER  
LESTER GONZALEZ, LUKE GARBACZ

PAUSE

# SUNSHINE JOURNAL

CHOREOGRAPHY BY: CHRISTINA GHIARDI

MUSIC BY: ELENA KATS-CHERNIN

MADELYNN HAMPTON, ALLY HELMAN, SARAH HURTY,  
CAMILLE KELLEMS, JULIANNE KINASIEWICZ  
LEAH MCCALL, MADELINE MCMILLIN,  
MACKENNA PIEPER, CLEO TANEJA  
ETHAN BORESOW, LUKE GARBACZ, ROBERT MACK,  
ROAN ZARAGOZA,

15 MINUTE INTERMISSION

# STOLEN GLANCE

CHOREOGRAPHY BY ALLY HELMAN

MUSIC "THE BLUE DANUBE: WALTZ "  
BY JOHANN STRAUSS II-  
VIENNA PHILHARMONIC

MADELYNN HAMPTON, SARAH HURTY,  
LEAH MCCALL, MADELINE MCMILLIN,  
CLEO TANEJA,  
ETHAN BORESOW, ROBERT MACK

PAUSE

# DREAM A LITTLE

CHOREOGRAPHY BY: ISABELLA VELASQUEZ &  
ANTHONY CANNARELLA-ANDERSON

PERFORMED BY: THE MAMAS & THE PAPAS, COUNT BASIE,  
MEL TORMÉ, THE MARTY PAICH ORCHESTRA, BENNY  
GOODMAN QUARTET

WRITTEN BY: FABIAN ANDRÉ, GUS KAHN, WILBUR  
SCHWANDT, JENNY ROSS, RICHARD ADLER, ARTHUR  
HARRINGTON GIBBS, JOE GREY, LEO WOOD

CAMILLE KELLEMS, LUKE GARBACZ  
CLEO TANEJA, LESTER GONZALEZ  
ALLY HELMAN, ROAN ZARAGOZA,

# ODE TO AIDA

CHOREOGRAPHY BY ALLY HELMAN

MUSIC: AIDA

1. PRELUDE

2. DANZA SACRE DELLE SACERDOTESSE

3. O TERRA, ADDIO, VALLE DI PIANTI

4. LA FATAL PIETRA SOVRA ME SI CHIUSE

5. MARCIA TRIONFALE

6. BALLABILE

MUSIC BY: GIUSEPPE VERDI

PERFORMED BY: ROYAL OPERA CHORUS AND  
NEW PHILHARMONIA ORCHESTRA

MADELYNN HAMPTON, ALLY HELMAN,  
SARAH HURTY, JULIANNE KINASIEWICZ  
LEAH MCCALL, MADELINE MCMILLIN,  
MACKENNA PIEPER, CLEO TANEJA  
ROAN ZARAGOZA

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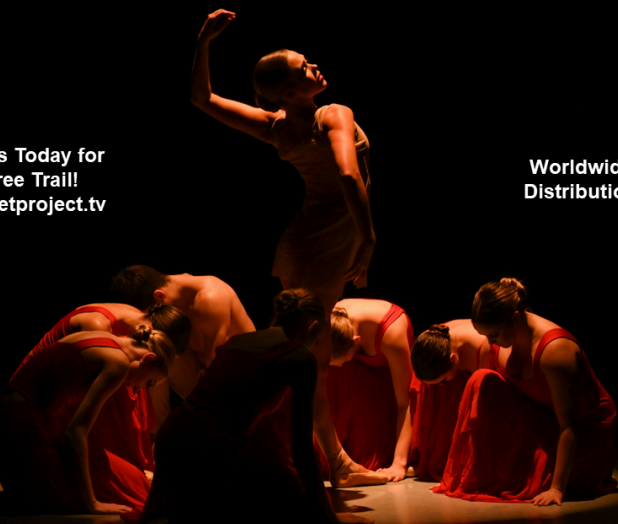
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PROJECT OC**

UPCOMING EVENTS

BEST OF BPOC

AUG 30TH-31ST

BREA CURTIS THEATRE

LEARN MORE AT [WWW.BALLETPROJECTOC.ORG](http://WWW.BALLETPROJECTOC.ORG)





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